



Wellness Committee

C·E·S·A¹⁰
Cooperative Educational Service Agency

Mission Statement

It is the mission of the CESA #10 Wellness Committee to promote the health and wellness of all employees through education and initiatives that:

- Encourage habits of wellness
- Increase awareness of factors and resources contributing to physical and emotional well-being
- Inspire and empower employees to take responsibility for their own health
- Support a sense of community